

Hazleton Area Middle School / Freshman Football

Hazleton Area Middle School (7th and 8th Grade) and Freshman (9th Grade) summer football workouts will begin on July 20th. These workout sessions will take place each week on Tuesday and Thursday from 6:00 PM – 7:30 PM on the grass field of the high school track.

Trust, Love, Commit! Go Cougars!

Items to Bring

Water

Workout Attire

Cleats / Sneakers

Football Contact Information

Head Middle School Football Coach – Matthew Manfredi

Mjm5944@gmail.com

Head Freshman Football Coach – Joshua Wenner

wennerj@hasdk12.org

Head Varsity Football Coach – Dennis M. Buchman

buchmand@hasdk12.org

Physical Information

All student-athletes can attend without a physical, as one is not required for summer football workouts. A physical is required however before the official season begins on August 16th. As partners in healthcare with Hazleton Area School District, Lehigh Valley Health Network (LVHN) and Coordinated Health, a part of LVHN, are providing free, convenient physicals for our student-athletes. Coordinated Health Hazleton – 26 Station Circle will be open from 8:00 AM to Noon on July 10th and July 24th to offer sports physicals. Call 570-861-8710 to speak with a representative. If you are unable to attend the Saturday openings, you can call 570-861-8710 to schedule an appointment. *Information obtained through LVHN / Coordinated Health*